

# BREAKFAST

## OUR BREADS

### COUNTRY BREAD OR GLUTEN-FREE TOAST

SIMPLE	1,50€
WITH YORK HAM	2,00€
WITH AVOCADO	2,00€
WITH ROASTED TURKEY	2,30€
WITH CHEESE	2,60€
WITH TURKEY OR YORK HAM & AVOCADO	2,70€
WITH TURKEY OR YORK HAM & CHEESE	2,70€
WITH HAM	2,75€
WITH HAM & AVOCADO	3,00€
WITH HAM & CHEESE	3,00€
WITH HAM, CHEESE & AVOCADO	3,60€

### SMALL BREAKFAST BUNS

SIMPLE (BUTTER, PÂTÉ, PORK SPREAD, "COLORÁ", SALMOREJO, OLIVE OIL, TOMATO)	1,50€
WITH YORK HAM	1,85€
WITH ROASTED TURKEY	2,00€
WITH AVOCADO	2,00€
WITH HAM OR CHEESE	2,10€
WITH TURKEY & AVOCADO	2,30€
WITH YORK HAM & AVOCADO	2,20€
WITH YORK HAM & CHEESE	2,30€
WITH TURKEY & CHEESE	2,30€
WITH HAM & AVOCADO	2,70€
WITH YORK HAM & CHEESE	2,60€
WITH HAM, CHEESE & AVOCADO	2,90€

### LARGE BREAKFAST ROLLS

SIMPLE	2,10€
WITH YORK HAM	2,70€
WITH TURKEY	2,85€
WITH AVOCADO	2,90€
WITH HAM OR CHEESE	3,20€
WITH TURKEY OR YORK HAM & AVOCADO	3,30€
WITH YORK HAM OR TURKEY & CHEESE	3,30€
WITH HAM & AVOCADO	3,80€
WITH YORK HAM & CHEESE	3,80€
WITH HAM, CHEESE & AVOCADO	4,00€

### MULTIGRAIN OR TURMERIC ROLL

SIMPLE	2,35€
WITH YORK HAM	2,70€
WITH TURKEY	2,90€
WITH AVOCADO	3,00€
WITH HAM OR CHEESE	3,25€
WITH TURKEY OR YORK HAM & AVOCADO	3,45€
WITH YORK HAM OR TURKEY & CHEESE	3,45€
WITH HAM & AVOCADO	3,75€
WITH YORK HAM & CHEESE	4,00€
WITH HAM, CHEESE & AVOCADO	4,25€

### WHOLE GRAIN

	HALF	FULL
SIMPLE	1,70€	2,30€
WITH YORK HAM	2,00€	2,90€
WITH ROASTED TURKEY	2,20€	2,90€
WITH CHEESE	2,40€	2,90€
WITH HAM	2,40€	3,40€
WITH AVOCADO	2,20€	2,95€
WITH HAM OR CHEESE	2,30€	3,30€
WITH HAM & CHEESE	2,80€	3,80€
WITH TURKEY OR YORK HAM & CHEESE	2,50€	3,50€
WITH YORK HAM OR TURKEY & AVOCADO	2,50€	3,50€
WITH HAM & AVOCADO	2,50€	3,80€
WITH HAM, CHEESE & AVOCADO	3,20€	4,30€

### SEED BREAD

SIMPLE	1,60€
WITH YORK HAM	2,00€
WITH ROASTED TURKEY	2,10€
CON QUESO	2,30€
WITH TURKEY OR YORK HAM & CHEESE	2,40€
WITH TURKEY OR YORK HAM & AVOCADO	2,40€
WITH HAM	2,50€
WITH AVOCADO	2,50€
WITH HAM & AVOCADO	2,70€
WITH HAM & CHEESE	2,70€
WITH HAM, CHEESE & AVOCADO	2,90€

### HOMEMADE CHURROS

PLATE OF CHURROS	1,50€
CHURROS DIPPED IN SYRUP (250GR)	2,20€
THREE-FLAVOUR CHURROS (CHOOSE FROM DULCE DE LECHE, PISTACHIO, KINDER, NUTELLA)	4,50€
1 KILO OF CHURROS TO GO (TAKE AWAY)	11,00€

### OUR EGGS

EGGS WITH BACON	6,00€
EGGS WITH HAM	6,50€
EGGS WITH BOILED HAM, CHEESE, AVOCADO & SERVED WITH WHOLE GRAIN BREAD	7,25€

### PASTRIES

MINI PASTRIES	1,00€
DONUT	1,50€
BUTTER CROISSANT	2,40€
GRILLED HAM & CHEESE SANDWICH	3,00€
GRILLED MIXED CROISSANT	3,50€
HOMEMADE CAKE	4,00€

# LUNCH MENU

## COLD TAPAS

SALMOREJO CORDOBÉS (1-3-12)	4,50€
GAZPACHO (12) "SEASONAL ONLY"	4,00€
RUSSIAN SALAD (3-12)	4,00€
OCTOPUS RUSSIAN SALAD (2-3-12-14)	5,00€
SEAFOOD RUSSIAN SALAD (2-3-4-12-14)	5,00€
HAKE ROE WITH MAYO (4-3-12)	4,50€
BOILED PRAWNS (2)	4,00€
ANCHOVIES IN VINEGAR (4-12)	4,00€
ROASTED PEPPERS SALAD (4-8-12)	6,00€
GALICIAN-STYLE OCTOPUS (2)	6,00€

## MOUNTAIN TAPAS

MEATBALLS IN TOMATO SAUCE (1-3-12)	4,00€
BULL STEW (1-12)	4,50€
STEWED PORK CHEEK (1-12)	4,50€
GRANDMA'S PORK LOIN IN SAUCE (1-12)	4,00€
SPANISH OMELETTE (3)	4,00€
CHORIZO OMELETTE (3)	4,00€
DISH OF THE DAY	4,00€
STEWED BEEF (1-12)	4,00€
BREADED CHICKEN (1-3)	4,00€
ARTICHOKE HEART WITH HAM	5,50€
PRESA IBÉRICA WITH CARAMELIZED ORANGE (12)	6,00€
OXTAIL STEW (12)	6,00€
STUFFED CHICKEN (HAM, CHEESE & PEPPERS) (1-7-12)	5,50€
SCRAMBLED EGGS WITH MUSHROOMS & HAM (1-3-12)	6,50€

## KIDS MENU

BREADED CHICKEN, CROQUETTES & FRIES INCLUDES WATER OR JUICE + FRUIT OR ICE CREAM (1-3-7-9)	11,00€
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## FRIED DISHES

MARINATED DOGFISH (1-4-12)	4,00€
FRIED CUTTLEFISH (1-2)	4,00€
PUCHERO CROQUETTES (1-3-4-7-9)	4,00€
FRIED HAKE (1-4)	4,00€
BREADED HAKE "2 PIECES" (1-4)	4,00€
SHRIMP OMELETTE "2 PCS" (1-2)	4,00€
LEMON HAKE (1-2-12)	4,00€

(Takeaway containers add +0.20€)

All meats and fish are served with vegetables or fries.

ALÉRGENOS: 1. GLUTEN 2. CRUSTACEANS 3. EGG 4. FISH 5. PEANUTS 6. SOY  
7. DAIRY / MILK 8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME SEEDS  
12. SULPHUR DIOXIDE AND SULPHITES 13. LUPIN 14. MOLLUSCS

## SOUPS & STEWS

PICADILLO SOUP (3-9)	6,00€
SEAFOOD RICE STEW (2-4-12-14)	6,00€
DISH OF THE DAY	6,00€

## CALETA'S TAPA

SEAFOOD RICE (2-4-12-14)	4,00€
HAKE WITH GREEN SAUCE (4)	4,00€
SWORDFISH IN AJOVERDE SAUCE (1-4)	4,50€
TUNA WITH ONIONS (4-12)	5,50€
BABY EELS & PRAWNS SCRAMBLE (1-2-5-4-12)	6,50€

## ALMADRABA TAPAS

TUNA LOIN (1)	6,00€
RED TUNA SALAD (3-4-6)	6,00€
TUNA ARTICHOKE HEART (4-6)	6,00€
"GUACATÚN" FROM LA CALETA (1-4-6-8)	6,00€
CRISPY ISLA-STYLE TUNA (1-2-7)	5,50€

## MIXED FRIED FISH

EACH	15,50€
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## SUGGESTIONS

ASK FOR OUR DAILY SPECIALS

## DESSERTS

DESSERT OF THE DAY	3,00€
HOMEMADE CAKE	4,00€
ICE CREAM (ASK THE STAFF)	
SEASONAL FRUIT	1,80€

## SANDWICHES (BOCADILLOS)

"LA AMARILLA" — TORTILLA & FRIES (1-3)	4,50€
"LA COLORÁ" — CHORIZO OMELETTE (1-3)	4,50€
"PEPITO" — PORK FILLET & FRIES (1)	4,50€
"LA DESMECHADA" — SHREDDED PORK & FRIES (1-12)	4,50€
"EL FILO ROJO" — MARINATED PORK LOIN, FRIES, EGG & CHEESE (1-3-7)	5,00€
"EL BACONATO" — BACON, FRIES, EGG & CHEESE (1-3-7)	5,00€
"TENTÁCULO BLANCO" — CUTTLEFISH WITH GARLIC MAYO (1-3-4-12)	5,50€
"PONTY" — BREADED CHICKEN, LETTUCE, TOMATO & GARLIC MAYO (1-3-12)	5,50€
EL BRAVO" — BULL STEW & FRIES) (1-12)	6,00€
"EL EMPETAO" — PORK FILLET, HAM, EGG, PEPPER, FRIES & TOMATO (1-3)	6,00€
"LA CACHETA" — PORK CHEEK & FRIES (1-12)	6,00€